

## Replenish

A collection of relaxing massage and replenishing body therapies to nurture, heal and restore a tired, stressed body while soothing and calming a busy mind.

**Aroma Relax** 50 min | \$115 80 min | \$165  
Immerse yourself in this nurturing full body aromatic relaxation massage designed to melt your stress away. Our caring therapists will use long rhythmical massage strokes to release muscle tension and calm a busy mind allowing you a total body rejuvenation.

**De-Stress** 50 min | \$140 80 min | \$210  
Surrender your stress with this full body tension-relieving massage, specifically targeting all the areas where tension builds the most – the neck, shoulders, jaw and back. Rhythmical strokes combined with deep muscle kneading will see your knots unravel, your circulation increase, and the stress magically disappear from your body. Perfect to balance both the body and the mind.

**Therapeutic Restore** 50 min | \$149 80 min | \$210  
Restore body balance with this corrective therapeutic massage designed to penetrate deep into the muscle to release stress and strain. Our expert therapists will tailor this treatment to suit your needs by focusing on specific areas of muscle tension leaving your body realigned and your mind deeply relaxed.

**Pregnancy Revive** 50 min | \$149 80 min | \$220  
Nourish your body with this nurturing full-body pregnancy massage specifically customised to release muscle-tension in the back, legs and ankles. Completely safe for pregnant and breast-feeding mothers this is the perfect treatment to care for your body and revive your energy. Our specialised pregnancy safe massage bed allows for total body comfort while you relax and revive tired muscles.

**Soothing Stones** 70 min | \$179  
Relax with the soothing warmth of healing warm stones as they are placed on energy points within the body to reach deep into the belly of the muscle and melt away stress and tension. This detoxifying ancient ritual is designed to have a sedative effect, relieving chronic pain while promoting a deep relaxation of both body and mind.

**Energy Renew** 80 min | \$210  
Balance your body and replenish your energy with this ancient healing chakra therapy, designed to create harmony and peace within your body through the process of realignment. Combining multiple techniques this full body therapy will leave you centred, relaxed and rejuvenated.

**Warm Fusion** 50 min | \$149  
This unique combination therapy blends relaxing massage techniques with the nurturing warmth of nourishing soybean wax, giving you the ultimate tranquillity escape. Hydrating the skin with warm shea butter, evening primrose oil and aromatic essences, allow yourself to calm your mind, drift away and enjoy a moment of stillness to reflect and replenish.

**Body Salt Glow** 30 min | \$125  
Invigorate your skin with this beautiful sensory aroma exfoliation designed to cleanse and refine your entire body. A deep nourishing body conditioner locks in hydration for a smooth glowing body radiance.

***This treatment is perfect before a spray tan, preparing the skin for a longer lasting, more even tan.***

**Body Vitality** 50 min | \$149  
Awaken your body with this energising vitality elixir, infused with essences of rosemary and peppermint. A complete body balance therapy including a nurturing body wrap, scalp and foot massage, it is perfect to relieve stress and tiredness from muscles and realign your entire being to bring a sense of calm and stillness.

**Nurture & Nourish** 60 min | \$175  
Nourish yourself with this warm seaweed body cocoon and restore a healthy balance to your whole being, both inside and out. A dry exfoliation will smooth before our signature seaweed masque infuses nutrients into the deep layers of the skin, drawing out toxins and impurities. Relax with a beautiful scalp and facial massage before completing with our foot reflexology treatment.

**Ultimate Body Elixir** 75 min | \$250  
Immerse into a blissful sensory journey with this ultimate full body elixir. Infuse warmth into your body while relaxing in our beautiful Rasul Steam room and feel the tension physically lift from your body. Whilst immersed, enjoy our rejuvenating cleansing rituals for the face, hair and body before a cooling rain shower with purifying stones awakens your body and restores balance.



## WELLSPRINGS DAY SPA



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Gift Vouchers are available in salon and online.

## Awaken

A nourishing collection of plant-based exfoliations and rapid facial therapies designed to refresh the skin. Perfect to hydrate, purify and smooth the skin, leaving you with a youthful radiance.

**Purify** 30 min | \$89  
Energise your skin with a botanical antioxidant infusion that incorporates powerful plant enzymes to deeply cleanse and smooth the skin, leaving you with a beautiful natural glow.

**Refine** 30 min | \$105  
Our gentle plant powered thermal peel provides an effective exfoliation that delivers instant results to your complexion. Perfect for all skin types, this treatment will smooth fine lines and retexture the skin without any redness or irritation, leaving you with a glowing radiance.

**Smooth** 30 min | \$110  
Harnessing powerful natural ingredients infused with high performance anti-ageing concentrates, this hydrating facial delight will nourish the skin and restore a natural youthful radiance.

**Illuminate** 30 min | \$115  
Brighten your skin with this effective combination of Absolute Radiance Concentrate and deeply hydrating Ultra Radiance Mask to revitalise a dull complexion. Your skin will be energised with an indulgent facial massage, leaving you with an even skin tone and a luminous natural glow.

**Restore** 50 min | \$145  
Nourish your skin with therapeutic natural botanicals targeting concerns such as ageing, uneven skin tone, congestion and redness. The perfect treatment to feed your skin exactly what it needs to restore balance and reveal your natural radiance.

**Hydrate** 50 min | \$160  
Surrender your stress and deeply nourish your skin with this lavish and effective facial infusion. A gentle exfoliation will smooth and renew the skin before we rehydrate with a luxurious face and neck massage. This facial delight will improve skin texture and leave you feeling vibrant and renewed.

## Nourish

A collection of replenishing facial therapies designed to relax, nourish and repair. Combining powerful natural ingredients with cosmeceutical science these treatments deliver intense results to the skin.

**Antioxidant Infusion** 50 min | \$160 80 min | \$195  
Vitamin C is one of the most impressive antioxidants on the planet and offers immense support to the structure of the skin. Our signature facial infusion delivers a potent dose of this multifunctional wonder nutrient to even skin tone, reduce discoloration and assist in breaking down pigmentation. The ultimate facial treat to stimulate collagen production, smooth fine lines and wrinkles whilst providing strength and protection to the skin for natural clarity and a glowing luminosity.

**Age Defy** 50 min | \$170  
Reverse the visible signs of ageing with this powerful infusion of collagen to stimulate cell renewal and decrease the appearance of fine lines and wrinkles. Relax into the hands of our expert therapist as they take you on an indulgent journey, helping you to age well. Your skin will be left deeply nourished and visibly firmer.

**Intense Radiance** 50 min | \$185  
Hailed as the holy grail of hydration, hyaluronic acid is the ultimate secret weapon when it comes to managing the ageing process. Relax and experience the magic unfold as we immerse your skin in this wonder essence, using our signature lifting massage to firm the skin and deliver nutrients to the deepest layers of the skin for an intense smoothing and plumping effect. Perfect before any event, this facial visibly reduces fine lines, firms and lifts the skin and leaves you with a dazzling natural radiance.

**Firm & Lift** 70 min | \$249  
Immerse into this dynamic anti-aging facial that is designed to dramatically impact the skin, toning, firming and lifting in all the right places. Evening out fine lines and wrinkles will help you look 5 years younger and re-energise your skin with a vibrant, youthful glow.

**Power of Two** 70 min | \$210  
This dual exfoliation is a powerful non-invasive, skin renewal treatment that naturally transforms the texture of the skin by immersing it in the rejuvenating power of plants to heal, protect and strengthen. Delivering instant, visible results you will experience improved clarity, refined pores and a smoothing effect on fine lines and wrinkles, revealing a fresher, younger looking complexion.

## Renew

A collection of transformational skin therapies and powerful peels combined with cutting-edge technology, individually tailored to make an intense and corrective impact on your skin.

**Skin Revive** 30 min | \$130  
Ideal entry level peel for all skin types, this powerful yet gentle peel combines all the goodness of glycolic acid, hyaluronic acid and natural botanicals to firm, lift and reinvigorate a tired, dull skin.

**Skin Bright** 30 min | \$145  
A full spectrum exfoliation and deep line peeling treatment enriched with powerhouse peptides, this lightening peel targets resistant skin conditions such as scarring, acne and hyperpigmentation, leaving you with a smooth luminous complexion.

**Skin Correct** 30 min | \$150  
Breathe life back into a fatigued skin with this ultimate corrective peel that is customised to your specific skin type and needs. Delivering a compelling combination of Liquid Laser and prescriptive CHA this incredible treatment will rejuvenate and hydrate your skin like never before. For best results, take in a series of 3 treatments to revise, repair and renew the skin.

**Skin Renew (Needling)** 60 min | \$259 Add LED | \$299  
Skin needling is one of the best age management treatments available on the market today as it is powerful in reducing fine lines and wrinkles. Using collagen induction therapy to stimulate cell regeneration and increase your natural collagen production, the results are highly visible and long lasting. Best used to reduce the appearance of fine lines and wrinkles, smooth and tighten skin, brighten a dull complexion and perfect to reduce scarring. Delivers rapid results, is minimally invasive with next to no downtime – the perfect skin tonic!

*\* We choose to use Dermapen 4 and Dermalux LED for their superior quality, enhanced comfort and intense results*

**Rejuvenating LED (Single Session)** 30 min | \$85

**Rejuvenating LED (with any skin treatment)** 30 min | \$60

**Rejuvenating LED – 5 Session Pass** \$250



## WELLSPRINGS DAY SPA

### Nails

Express Manicure	\$95
Shellac Manicure	\$110
Deluxe Spa Manicure	\$115
Express Pedicure	\$95
Shellac Pedicure	\$110
Deluxe Spa Pedicure	\$115
File and Polish	\$60
French Polish	\$25
Foot Massage	\$65

### Tanning

Full Body	\$55
Full Body Rapid Tan	\$65
Upper Body or Legs	\$40
Upper Body or Legs Rapid Tan	\$50
Body Polish with full Body Tan	\$180

### Make-Up Trials

Full Face	<i>from</i> \$70
EVENT Make-Up	<i>from</i> \$100
Private Make-Up Lesson	\$150

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